



EDUCATION ZONE

DUO EVENT

Duo is a twirling performance by two people where the focus is on the synchronization of the 2 athletes, performing as one. The athletes are working to match in style, technique, and ability level. The ultimate goal is to perform a clean, clear and flawless programme in harmony with each other.

Keys words we use when describing this event are

Precision - the quality and accuracy of the athletes choreography.

Unison - where the athletes perform simultaneously at the exact same time.

Be creative, we love to see beautiful patterns and shapes created together in Duo however the focus is TEAMWORK

Duo partners Friends for Life!

